

Guide to Successful Mentoring Relationships



Structure/ Expectations for the Mentoring Relationship

- **Meet with your mentor one time per month** for at least one hour from February thru July
- **Reflect on your mentoring relationship** in your mid and end reflection reports

Be sure to talk with your mentor about ...

- Your passions
- Your personal mission
- Your personal why when it comes to youth work
- Your career goals / plans
- Your exploration goals
- Your unique gifts and gaps
- Your personal goals – have your mentor hold you accountable for goals / growth each month
- Your internship
- Your academic path
- Your friends and family
- Your fears and concerns
- Support, contacts and resources you need
- Your successes and your failures

How can I utilize my mentor?

You will really dictate and guide the relationship you and your mentor have. Some roles include:

- Coach
- Guide
- Confidante
- Connector
- Resource
- Friend

Characteristics of a Good Mentoring Relationship

- [1] Your mentor is knowledgeable and a role model.
- [2] You and your mentor maintain regular contact.
- [3] Set realistic goals and expectations.
- [4] Be positive.
- [5] You, as the mentee, have control over what the two of you talk about — and how you talk about it.
- [6] Listen.
- [7] Respect the time and trust between you both.
- [8] Remember that you are responsible for building the relationship.
- [9] Have fun together.

QUESTIONS? CONTACT US

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